

# MINUTES

## NOCSC Board Meeting

Tuesday, November 5, 2019

---

### Elections

---

No New Nominees. Karyl will send reminder email.

---

### This is How we do it

---

Family Dynamics. How to address difficult ones.

- 1) How can I address a resistant family member, or family member who refuses care?
- 2) Isn't the family supposed to provide the care?
- 3) How can I address Hoarding?
- 4) How can I involve my adult children more?

Mark mentioned a recent Hoarding conference.

Karyl mentioned that each question shall have a timer set for time purposes.

The Next Section of This is how we do it: Paying for Care. Dan wants to include this section next year.

The board members suggested a Senior Care 102 Course to go more into depth about avenues to pay for care.

---

### Stigma Free Mental Health

---

Karyl wanted to inquire about NOCSC joining a movement called STIGMA FREE Mental Health. She will add the opportunity to the agenda for the next NOCSC All Member meeting.

---

### Work Groups

---

*Workgroup leaders will invite their members to a meeting to discuss updates*

Educational Forums: A New program is active named WELLCONNECTED. Free online and over the phone classes in which the literature can be mailed in advanced. CoviaConnections.org. Possible Medical Technology speaker.

Loneliness Project: No New Updates

Website & Facebook: NOCSC website adjustment

World Elder Abuse Day: Next event held at OC Sheriff Training grounds. Possible NOCSC table there.

Senior Resource Guide: NO Updates. Possible additional printing needed.

Policy & Advocacy: Dignity & Aging bill was passed. He will update as additional bills are presented. CARR will also be submitting a Referral agency bill that will require Possible Disclosure agreements to all placement agents.

Senior Care 101: No New Business

---

### Next Meeting

---

Educational Forum: 11/19/19 0830AM: Add to Agenda: Stigma Free Mental Health, Covia Connections.