

# MINUTES

## NOCSC General Meeting

Tuesday, January 15, 2019

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### New / First Time Attendees

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Patty Burns (A Place for Mom)

Dave Lotter (Tunstall)

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### Membership Renewals

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Cameron Hills

Jonathan Lockridge

Melinda Stillwell

Stephen Hubert

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### New Business

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No New Business

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### This Is How We Do It: Hard to Answer Questions

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#### Questions from the Group Include

How do I address possible physical or financial Abuse?

What are the different levels of care and how are they different?

What is a Fiduciary?

What is the difference between Alzheimer's & Dementia?

How Can I pay for care? How can I avoid Running out?

What are the pros and cons of an Annuity?

Are Personal Pendants still relevant with today's technology?

*Karyl mentioned to David Locker that we will be hosting an educational forum with this topic in June and we may ask him to engage some way.*

What is; and what does an Ombudsman do?

How does one qualify for Aid & Attendance?

How do I set up a Power of Attorney (POA)?

How do I address my family member who is resistant to care or moving out?

What transportation resources are out there (low income)?

What can I do when my family member requires care but has a very low budget?

*Karyl mentioned the opportunity to have a bullet point section in the Resource guide that has topics or strategies to address low income care needs.*

How can I convince my family that he/she needs care (or to move out) but they do not want it?

What is the difference between Home Care, Home Health, Hospice, Palliative, Rehab, SNF, AL etc.?

*Autumn Stated she has a charting laying out the answer*

*Dan mentioned the idea to have a road map page to direct you through the guide.*

How to apply for medical health insurance benefits? How to apply in confined in a hospital?

With all of these terms and titles, is there a glossary where I can look back at to see who does what?

Isn't the family supposed to care for them?

*Dan pointed out the need for addressing different cultures and languages. How do people in other culture's find the care they need?*

How can I afford my increasing rent?

*Amanda from Sunny crest asked the group about new housing development being required to provide a select amount of their new units to be low income.*

*Mark Mentioned Steve Lopez tracks low income and reports it out.*

How can I address my family members Hoarding?

Where do I even start with my family parents LARGE move?

How can I get my adult children involved more?

How can I get my parent a POA after a diagnosis that may affect their ability to choose?

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## February Educational Forum

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Maribel from the Braille Institute presented that the next meeting will be at their brand-new location in Anaheim. Feb. 19<sup>th</sup> from 0830-10am. Parking in church across the street permitted if needed. There Ribbon cutting is Feb. 28<sup>th</sup>. She will be passing out more flyers for that event and will also email Kyle logistics of the meeting to send NOCSC electronic invitations for upcoming educational Forum.

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## Work Group Updates

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Educational Forums: No New Updates

Loneliness Project: No New Updates

Website & Facebook: Will connect with Braille Institute for educational Forum

World Elder Abuse Day is Friday June 14<sup>th</sup> at the Buena Park Senior Center

Senior Resource Guide: No New Updates

Policy & Advocacy: The Group was asked to relay any new senior related laws in the legislator.

Senior Care 101: Next Class Jan. 23

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## Next Meeting

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Educational Forum: 2/28/19 0830AM

Adjourn